

Colonel Danforth Park and Waterfront Trail

CUHK Alumni Association (Ontario) Hiking Group



The **Colonel Danforth Park hiking trail in Scarborough** follows the bank of the beautiful Highland Creek as it winds its way to Lake Ontario. At the lake, the trail links up with the Waterfront trail which goes east along the shore of Lake Ontario to Rouge Beach, and goes west to the East Point Park. The trails are paved, well maintained and rated as easy.

Admission to Colonel Danforth Park is free. On weekends, it is a popular spot for picnic.

There is no limit to the number of hikers for this hiking event. However, **hiking participants are limited to CUHK alumni and their immediate family members.**

All first time participants of our hikes are asked to fill out the attached **WAIVER FORM**. **Please sign and return the completed form** (either in pdf or jpg format) to cuaaohiking@gmail.com, **at the time of registration**. The waiver form will remain valid in future hiking events organized by the CUHKAAO. **A hiking participant, who had submitted a waiver form previously, need not submit one again.**

Please note that waiver form, 2024 hiking schedule and hiking announcements can be downloaded from the CUHKAAO website. (<http://oaacu.com/index.php>). **If you have any question regarding the hiking group, please contact Peter Li (cuaaohiking@gmail.com) for more information.**

The hike will begin promptly at 9:30 a.m. Please arrive at the assembly point 15 minutes before start time.

Date: 22 June 2024 (Saturday)

Starting time: 9:30 am

Duration of hike: approximately 2.5 h

Assembly point: Colonel Danforth Park Parking Lot (Near washroom building)

Registration: Please e-mail Peter Li (李斌) at cuaaohiking@gmail.com and provide him with the names, e-mail address and mobile phone of the participants.

If you had not done so previously, please also submit, electronically, a completed and signed waiver form for each participant.

What to wear: hiking boots, hat, comfortable clothes, long pants, rain gears (if necessary).

What to bring: sun screen, water, energy bar and snacks, sunglasses

Directions to Colonel Danforth Park Parking Lot via Hwy 401

1. Take **Hwy 401 to Morningside Avenue**.
2. Exit at **Morningside Avenue** and **go south** (Right turn if you were on Hwy 401 East bound). Continue south on Morningside Avenue for 3 km to Kingston Road (6th set of traffic lights).
3. Turn **left at Kingston Road**.
4. After passing Beechgrove Drive (3rd set of traffic lights from Morningside Avenue), the next exit is for **Lawson Road**. (Look for the sign “**Kingston Road via Lawson Road**” at the exit.)
5. Take the **Lawson Road exit** and as soon as you exit, **turn right** immediately into **Colonel Danforth Trail**. (Note: As soon as you exit to Lawson Road, you have to make another right turn into Colonel Danforth Trail. If you come to a stop sign soon after you turn into Lawson road, you have driven too far and missed the right turn to Colonel Danforth Trail. Turn Back. *Please study the map carefully so that you will be ready to make these turns*).
6. After turning into Colonel Danforth Trail, and travelling for about 50 m, you will see a steep road going downhill to your right. This is Highland Creek Drive. **Turn right into Highland Creek Drive**, and follow it to the parking lot of Colonel Danforth Park. Park your car and report to the hiking leaders located at the lawn adjacent to the washroom building (see picture).

Road map

The following link has a road map to Colonel Danforth Park.

<https://maps.google.ca/maps/ms?msid=213015059813498058762.0004c9b0e03fdd56c76e9&msa=0&ll=43.782334,-79.16895&spn=0.004957,0.009602>



Sign at park entrance road



Colonel Danforth Trail (Park Entrance Road)



Parking lot of Colonel Danforth Park



Washroom Building (Please assemble in front)